Laparoscopic Ventra/Umbilical Hernia Repair

**Gloves:** 7 ½ Biogel

**Patient Positioning:**Left arm tucked

Chloraprep from nipples to pubis

Foot pedal on patient’s left side

Monitor/tower on patient’s right upper side

**Local:**0.25% Marcaine w Epi

**Trocars:**

Veress needle

5mm bladed trocar x3

**Instruments:**

Laparoscopic Metzenbaum

Lap chole tray, or basic laparoscopic tray

Laparoscopic cautery, no hand cautery

**Suture:**

4-0 Monocryl x1 PS-2

3-0 Chromic

#1 Ethibond, one on the field, 3 more on standby

**Dressing:**Dermabond or generic equivalent

**Available, Not Opened:**

Suction/Irrigator in room unopened

Covidien Symbotex circular 9, 12 and 15cm available

Covidien Reliatack